

# **SHARKS AND MINNOWS**

#### SKILL

Dribbling in traffic

### **SETUP**

25 x 30 yard grid

# **HOW TO**

3 players start as sharks, the rest are minnows. Minnows start on one end of the grid each with a ball. Sharks start in the middle of the grid. Coach says "go" and each minnow must try and cross the water to the other side without getting the ball kicked out by a shark. If a ball is kicked out the minnow becomes a shark. Game ends when only one minnow remains.

## **COACHING POINTS**

Keep head up and avoid traffic.

